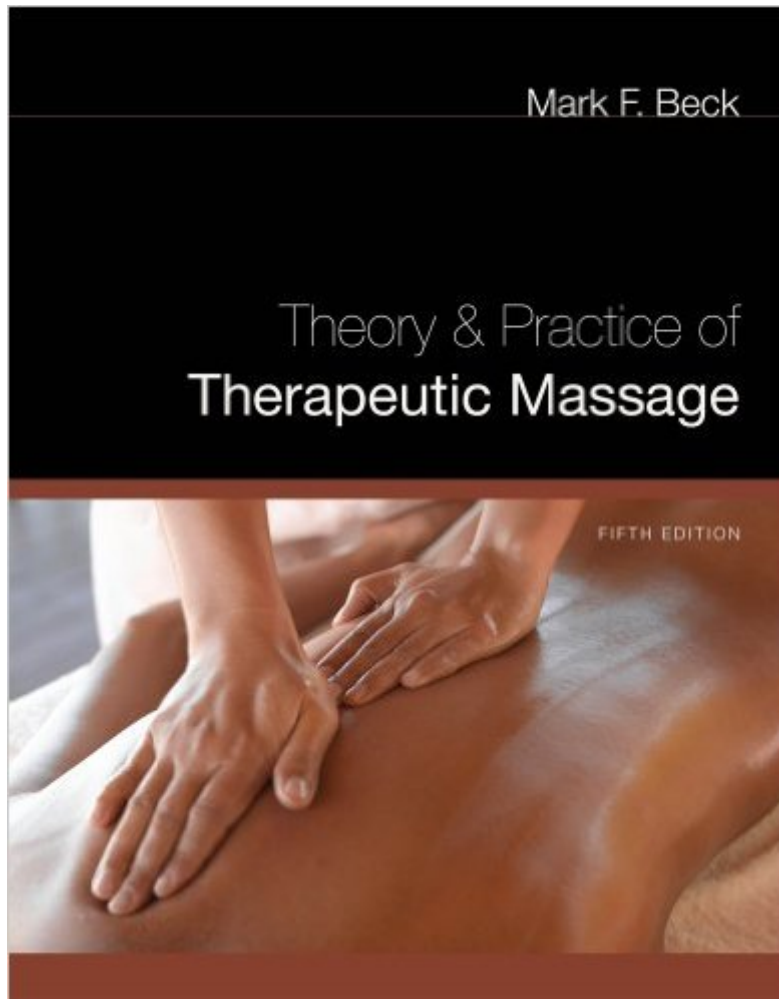


The book was found

Theory And Practice Of Therapeutic Massage



Synopsis

The Theory and Practice of Therapeutic Massage (5th edition) is the classic text in the massage industry including the essential knowledge and skills needed to become a successful, professional massage therapist, plus the essentials of anatomy and physiology. Essential topics to the industry such as ethics, hygiene, communication skills, and body mechanics are discussed. Full-color illustrations and photographs clearly illustrate techniques and procedures. Classical massage is expanded with clinical techniques including neuromuscular and myofascial techniques, and lymph massage, combined to better serve the client by following therapeutic procedures. Numerous career tracts are explored including massage in a spa environment and athletic massage. A new chapter discusses massage for special populations including pre-natal, infant, elder, critically ill, people with cancer, and hospice. The final chapter has been revised to cover business practices for finding employment or successful self-employment.

Book Information

Paperback: 1008 pages

Publisher: Milady; 5 edition (April 23, 2010)

Language: English

ISBN-10: 1435485246

ISBN-13: 978-1435485242

Product Dimensions: 1.2 x 8.2 x 10.5 inches

Shipping Weight: 5 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (54 customer reviews)

Best Sellers Rank: #168,309 in Books (See Top 100 in Books) #65 in [Books > Business & Money > Job Hunting & Careers > Vocational Guidance](#) #121 in [Books > Business & Money > Industries > Service](#) #152 in [Books > Health, Fitness & Dieting > Alternative Medicine > Massage](#)

Customer Reviews

I used this text (and workbook) in massage school last year. While the text has its strengths and weaknesses, too often, key concepts were not explained clearly or in enough detail. In studying for the massage exam (NCTMB), I found it essential to use other books (e.g., an anatomy and physiology text) in order to have an understanding of some fundamental concepts that were either skipped or superficially discussed in the text. My expectation was that this book would be a good reference for using in my massage practice. Based upon my experience so far, it would need more details in many key areas in order for me to use it this way. Since school, I have rarely referred to it,

and used it only occasionally in studying for the exam. The book's strengths are primarily in the extent of the material that it covers. I have not found any other single book that covers such a broad scope of information. And some of the information covered, I have not yet found anywhere else. This book has a few weaknesses that if addressed, could make this THE text for massage. First, there tends to be a general lack of clarity in presentation; issues are often talked about rather than clearly stating what something is and how it fits in with the larger picture. I often had to reread sections several times (very frustrating) in order to understand what point the author was trying to convey. I noticed when reading a separate anatomy and physiology text (I bought one while I was in school), that concepts were explained in more detail, and one or two readings were sufficient. In this text, anatomy and physiology facts were often stated one after another and made into a paragraph, which made understanding difficult. Second, there tended to be a lack of detail on key concepts.

[Download to continue reading...](#)

Review for Therapeutic Massage and Bodywork Exams (LWW Massage Therapy and Bodywork Educational Series) Theory and Practice of Therapeutic Massage Mosby's Essential Sciences for Therapeutic Massage: Anatomy, Physiology, Biomechanics, and Pathology, 4e (On the Spot) Mosby's Fundamentals of Therapeutic Massage, 5e Basic Clinical Massage Therapy: Integrating Anatomy and Treatment Second Edition (LWW Massage Therapy and Bodywork Educational Series) Massage and Manual Therapy for Orthopedic Conditions (LWW Massage Therapy and Bodywork Educational Series) Tantric Massage For Beginners: Discover The Best Essential Tantric Massage And Tantric Love Making Techniques! Massage Mastery: From Student to Professional (LWW Massage Therapy and Bodywork Educational Series) A Massage Therapist's Guide to Pathology (LWW Massage Therapy and Bodywork Educational Series) Introduction to Massage Therapy (LWW Massage Therapy and Bodywork Educational Series) Massage Therapy: Principles and Practice, 5e Crystal Healing, Vol. 2: The Therapeutic Application of Crystals and Stones Therapeutic Exercise: Foundations and Techniques, 6th Edition Therapeutic Recreation Program Design: Principles and Procedures (4th Edition) Spinal Manual Therapy: An Introduction to Soft Tissue Mobilization, Spinal Manipulation, Therapeutic and Home Exercises Therapeutic Exercise for Lumbopelvic Stabilization: A Motor Control Approach for the Treatment and Prevention of Low Back Pain, 2e Therapeutic Hypnosis with Children and Adolescents, Second Edition Therapeutic Hypnosis With Children And Adolescents Developmental and Therapeutic Interventions in the NICU Transgender Emergence: Therapeutic Guidelines for Working With Gender-Variant People and Their Families

[Dmca](#)